

Twenty percent of all college females (18-20) are sexually assaulted each year. This statistic is consistent on campuses across the country. Predators admit that they prey on young women inexperienced with alcohol.

One-third of women report sexual assault or molestation before the age of 18. One-third of women report exposure to inappropriate sexual materials, such as porn, sexting, & toys before the age of 18. Demands for sexual actions by boyfriends are coercive.

Family members, such as grandfathers, uncles, cousins, step-brothers, & step-fathers are frequent sexual predators. Alcohol, drugs, and hypersexuality are frequent unhealthy methods to cope with their traumas.

Most of my female clients reported a sexual assault by an acquaintance in high school while at a party. Most of my male clients stated that they valued sex more than anything in their teens and young adulthoods. They sought the girls with reputations for promiscuity and drinking.

The women who reported sexual traumas in their youths felt unimportant and devalued within their families AND felt that their families ignored their abuses when disclosed.

Women exposed to violence in their homes, are unconsciously drawn to "bad boys" who replicate the same patterns of their abusive fathers. Or, they discard the "good guys" because of the tension, distrust, and anxiety created by someone treating her well.

Men with abusive fathers unconsciously carry forward the "programming" of their youths, which become triggered in their marriages and parenting- EVEN WHEN they swore to themselves that "I'll never act like that A--hole!"